



## 2nd Autumn Open International

### Cross Country Festival 2017

Sunday 22<sup>nd</sup> October 2017

National Sports Campus

Abbotstown, Dublin.

## International Athletes Information



**SPORT  
IRELAND**  
NATIONAL SPORTS  
CAMPUS



**Dublin Athletics Board**  
[www.dublinathletics.com](http://www.dublinathletics.com)



Metro St. Brigid's  
Athletics Club

IMAA  
Masters Athletic  
Association

**"This event is supported by Fingal County Council"**



## **2<sup>ND</sup> AUTUMN OPEN INTERNATIONAL**

**Sunday 22<sup>nd</sup> October 2017**

**Abbotstown, Dublin**

This event is being hosted by Athletics Ireland and is supported by Fingal County Council.

The venue is a dedicated Cross Country Course within the magnificent facilities of the National Sports Campus. ( Site map attached)

It is hoped to make this an E.A. permit meeting from 2018

The following is some general information for International athletes travelling to the event:

- There is limited assistance for a number of International athletes with travel and accommodation.
- It is important to note that the team hotel is 5k from Dublin Airport and 2 k from the course.
- It will be possible to book returning flights from Dublin Airport on Sunday from 5pm onwards.

### **TIMETABLE**

14.00	Women	6000 metres	(Under 20 women run 4000 metres)
14.35	Men	8000 metres	(Under 20 Men run 6000 metres)

### **FINANCIAL CONDITIONS**

Athletics Ireland will cover the following costs for International athletes who have achieved the guideline standards listed below.

- €100 contribution to flights (athletes /federations book their own flights)
- 1 night (Saturday) accommodation in twin room (sharing). Where flights are unavailable, accommodation will be provided for Sunday night.
- Saturday – Lunch and Dinner
- Sunday – Breakfast, Lunch & Dinner
- Airport collection and return
- Transport to course and return
- The flight contribution is for senior men and women only.

**Accommodation and other conditions applies to men and women and under 20's.**

**Refunds on flights will be paid directly to the athlete on the day or to the Federation by electronic transfer.**

## **PRIZE FUND**

<b>MEN</b>		<b>WOMEN</b>	
1 <sup>st</sup>	€500.00	1 <sup>st</sup>	€500.00
2 <sup>nd</sup>	€400.00	2 <sup>nd</sup>	€400.00
3 <sup>rd</sup>	€300.00	3 <sup>rd</sup>	€300.00
4 <sup>th</sup>	€200.00	4 <sup>th</sup>	€200.00
5 <sup>th</sup>	€100.00	5 <sup>th</sup>	€100.00
<b>Men (under 20)</b>		<b>Women (under 20)</b>	
1 <sup>st</sup>	€150.00	1 <sup>st</sup>	€150.00
2 <sup>nd</sup>	€100.00	2 <sup>nd</sup>	€100.00
3 <sup>rd</sup>	€ 50.00	3 <sup>rd</sup>	€ 50.00

**The prize money will be paid directly to the athletes after the event.**

## **GUIDELINES MINIMUM PERFORMANCE STANDARDS**

Senior Men: 3000 metres 8.00; 5000 metres/5 K 14.10; 10,000metres /10K 29.30 or equivalent performance.

Senior Women: 3000 metres 9.30; 5000 metres/5K 16.30; 10,000 metres /10K 34.30 or equivalent performance.

Under 20 Men: 3000 metres 8.30; 5000 metres/5K 14.50 or equivalent performance

Under 20 Women: 3000metres 9.50; 5000 metres/5K 17.00 or equivalent performance

If you have any specific queries or require additional information please contact:

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# NATIONAL SPORTS CAMPUS

## Outline Map



Artist Impression - for illustrative purposes  
July 2016

sport ireland